

Recognizing & responding to an opioid overdose



Knowing how to identify and treat an overdose can be the difference between life and death. The signs that a person may have overdosed include:



Difficulty breathing or not breathing at all



Loss of consciousness



Fingernails or lips turning blue



Small pupils



Cold to touch



Limp body

If you suspect someone is experiencing an overdose it's important that you act quickly. When people survive it's because someone was there to respond.

- 1 Call 911**
- 2 Use NARCAN (Narloxone) if available**
- 3 Lay the person on their side**
- 4 Stay with them until help arrives**